

BC HIGH SCHOOL CROSS COUNTRY PROVINCIAL CHAMPIONSHIPS
 5 NOVEMBER 2005
 ABBOTSFORD, BC
 RESULTS BY: WINNING TIME CANADA

OVERALL RESULTS FEMALE				
Place	No.	Name	Team	Final
1	196	KIRSTEN SWEETLAND	Stellys	15:58
2	152	JUSTINE JOHNSON	Oak Bay	16:00
3	242	RACHEL CLIFF	York House	16:08
4	178	ERICA DIGBY	Sir Winston Churchill	16:11
5	1	JESSICA SMITH	Argyle	16:17
6	98	KATHERINE DIGBY	Kitsilano	16:18
7	212	ANGELA SHAW	Walnut Grove	16:28
8	221	HELEN CROFTS	West Vancouver	16:37
9	197	SHAWNEE LANDOLT	Stellys	16:42
10	22	LISA EGAMI	Centennia	16:46
11	24	LAURA MITIC	Claremont	16:52
12	77	CHANTELLE GROENEWOUD	Handsworth	16:54
13	115	BRITTANY IMLOCH	Little Flower Academy	16:59
14	8	SAMANTHA LOTNICK	Brookwood	17:03
15	153	LAUREL DRAPER	Oak Bay	17:12
16	155	SARAH PROCTOR	Oak Bay	17:15
17	91	TEEGAN SCHOCH	Kelowna	17:16
18	36	CODIE WARD	Dover Bay	17:18
19	133	LAURA MCIVOR	Moscrop	17:19
20	295	CALI OLLECK	Revelstoke	17:23
21	18	ABBY VOGT	Burnaby South	17:26
22	45	KATIE NELSON	Dunsmuir	17:28
23	23	ALICIA BUTTERWORTH	Charles Hays	17:29
24	154	BRITTANY COOPER	Oak Bay	17:29
25	214	ALEXI FASTER	Walnut Grove	17:30
26	69	ANDREA LEE	GP Vanier	17:31
27	156	ALIX THOMSON	Oak Bay	17:33
28	243	ANDREA CHENG	York House	17:36
29	88	LINDA STUTZ	JN Burnett	17:37
30	222	EMILY FARNAN	West Vancouver	17:38
31	70	SAHARA NADEAU	GP Vanier	17:40
32	210	CHANTELLE DEACON	Vernon	17:42

33	263	LISA VINGE	Fernie	17:47
34	195	BRITTANY THIERRIEN	St. Andrews	17:49
35	235	ALEAH TEER	WJ Mouat	17:50
36	284	JILL FLOCKHART	Shushwap	17:50
37	9	JENNIFER WESLOWSKI	Brookswood	17:50
38	84	AMANDA HALL	HD. Stafford	17:51
39	37	KATELYN CURRIE	Dover Bay	17:51
40	134	HAYLEY MCIVOR	Moscrop	17:55
41	157	EMILY WILSON	Oak Bay	17:56
42	72	AMANDA KEHLER-STEVENSON	GP Vanier	18:00
43	245	ELENJ BALOMENOS	York House	18:04
44	256	JESSICA MARK	Lord Byng	18:04
45	113	REBECCA KITS	Langley Christian High School	18:05
46	253	LINDSEY MOORE	Lord Byng	18:09
47	264	MARLI STEWART	Fernie	18:09
48	175	SAM WALKOW	Semiahmoo	18:10
49	126	AUGUST GRIFFIN	McRoberts	18:10
50	51	FIONA BENSON	Electric Education	18:11
51	168	VICTORIA ERSHOV	Port Moody Sec	18:14
52	166	LUCY ZAMECNIK	Penticton	18:14
53	34	GILLIAN WRIGHT	Crofton House	18:15
54	136	LUBA KARAMYCHEVA	Moscrop	18:16
55	44	HANNAH CARPENDALE	Dr. Charles Best	18:16
56	71	GEORGIA RUSSELL	GP Vanier	18:17
57	199	REBECCA STAYNOR	Sutherland	18:17
58	215	ALANA PATTISON	Walnut Grove	18:19
59	16	EMMA VOGT	Burnaby South	18:20
60	279	JEN WOODS	Rutland	18:24
61	10	KELSEY HORSTING	Brookswood	18:25
62	180	CARA ROULSTON	Smithers	18:27
63	238	KAYLA PUGHE	WJ Mouat	18:33
64	143	DANIKA SNOOK	Mt. Slesse Middle	18:34
65	87	CARLY BRANION-COLLES	Hugh Boyd	18:35
66	46	KATIE MCKINNON	DW Poppy	18:36
67	236	JESSICA SUDDABY	WJ Mouat	18:36
68	177	MICHELLE ROSS	Seycove	18:36
69	79	HEATHER HAUGHN	Handsworth	18:36
70	38	KAYLEE BEALES	Dover Bay	18:36
71	59	KENDRA POMFRET	Elphinstone	18:40
72	55	ALEX HEIMBURGER	Elgin Park	18:41
73	73	KRYSTAL GIBBONS	GP Vanier	18:41
74	27	CHELSEA KNUTSON	Correlieu	18:42

75	182	KARA SCHAEFFER	Smithers	18:43
76	93	MEAGHAN GRANT	Killarney	18:43
77	237	ERIN MEEHAN	WJ Mouat	18:45
78	90	JESSICA DEMARINIS	Kelowna	18:46
79	289	CARA HEWITT	South Kamloops	18:48
80	43	JILLIAN NEWMAN	DP Todd	18:48
81	219	LAUREN PATZER	Walnut Grove	18:49
82	145	MORGAN ZIELKE	Nechako Valley	18:49
83	123	ALEX LINDSAY	McMath	18:49
84	246	JULIA BAHEN	York House	18:50
85	181	CARA MCCULLOCH	Smithers	18:50
86	11	CORRINE DOORNBERG	Brookwood	18:51
87	171	PAIGE HARRISON	Prince of Wales	18:51
88	170	ALEXIS THORNHILL	Prince George	18:52
89	189	SARA IRVINE	South Peace	18:52
90	281	MONTANA BAHEN	Shushwap	18:56
91	200	BEV LARSSSEN	Tamanawis	18:56
92	190	LARISSA LUDAC	South Peace	18:57
93	61	KELSEY DESJARLAIS	Garibaldi	18:57
94	30	SAMANTHA WECHWORTH	Correliu	18:58
95	99	SOPHIE MARTIN	Kitsilano	18:59
96	169	MELISSA MARTINSON	Prince George	19:00
97	159	THERESA PRICE	Pacific Christian	19:01
98	135	ALEXANDRA CUKOR	Moscrop	19:01
99	209	TIMA COAD	Vernon	19:01
100	183	CAITLIN MACDONNELL	Smithers	19:02
101	28	TISHA REDDEN	Correliu	19:02
102	17	MARLEY GRAMER	Burnaby South	19:02
103	86	MICHELLE ROSSER	Howe Sound	19:04
104	29	STAPHANIE VON HAHN	Correliu	19:04
105	213	SARAH BURGOYNE	Walnut Grove	19:05
106	286	ERICA LIPSETT	Shushwap	19:06
107	198	NATALIE BOYD	Sullican Heights	19:07
108	259	SPELA GRASIC	DTSS	19:08
109	163	MADIE GREIG	Penticton	19:08
110	224	KATHERINE MCNEILL	West Vancouver	19:09
111	217	DANIELA GERIG	Walnut Grove	19:09
112	105	KARMEN FU	Lakewood Junior	19:09
113	174	JOCELYN POIRIER-HANDY	Rockridge	19:11
114	164	ERINN RAISON	Penticton	19:13
115	296	TAMARA HARRIS	New Westminster Sec	19:14
116	39	MARINA BOE	Dover Bay	19:14

117	208	ALLISON CLARK	Vernon	19:15
118	203	JENNA BISSOONDAT	Tamanawis	19:15
119	62	LIZ UHL	Gleneagle	19:15
120	223	SYDNEY ROTHDRAM	West Vancouver	19:16
121	290	JILL HEWITT	South Kamloops	19:16
122	5	MICHELLE JUNG	Argyle	19:16
123	211	MAGGIE FINCH	Vernon	19:17
124	249	AMANDA DEFAYE	York House	19:17
125	248	GRACE LING	York House	19:19
126	227	JILL WILSON	West Vancouver	19:22
127	3	JEN MARSH	Argyle	19:22
128	176	JACQUIE DELEEUEW	Semiahmoo	19:25
129	260	LAUREL TEGART	DTSS	19:25
130	116	NICKI GRAHAM	Little Flower Academy	19:26
131	85	ALISA DALHUISEN	HJ Cambie	19:26
132	128	MELISSENDRA DAVIEL	McRoberts	19:26
133	167	RHIANNON EVANS	Point Grey	19:26
134	293	LAUREN WILKENSEN	Crofton House	19:27
135	244	MEREDITH BRIGGS	York House	19:27
136	184	MORGAN PELLOW	Smithers	19:30
137	250	ROYA ASSADI	York House	19:30
138	100	ZELLY OLYNYK	Kitsilano	19:31
139	283	CARMYN FERGUSON	Shushwap	19:32
140	239	GABRIELLE DEGAGNE	WJ Mouat	19:33
141	225	CLAIRE DENLEY	West Vancouver	19:34
142	148	REBECCA WITHERS	New Westminster Sec	19:36
143	52	SASHA RINK	Elgin Park	19:39
144	216	TAYLOR KAVOLINAS	Walnut Grove	19:40
145	124	STEPHANIE SANTA CRUZ	McMath	19:41
146	140	MICHELLE DAHLER	Mt. Elizabeth	19:44
147	179	CHERRY CHAN	Sir Winston Churchill	19:44
148	32	CHELSEA WHITTEN	Correlieu	19:44
149	35	KAREN TAM	David Thompson (V)	19:44
150	74	HEATHER THOMSON	GP Vanier	19:46
151	26	MARI MESRI	Collingwood	19:49
152	173	SAMMY WITHENSHAW	Riverside	19:50
153	273	ALI PIERIK	Trafalgar	19:51
154	96	RACHEL HARWICK	Killarney	19:51
155	15	JILLIAN DICKSON	Burnaby North	19:51
156	60	JESSICA STEPHENS-WHALE	Elphinstone	19:56
157	31	JESSICA GAGNE	Correlieu	19:56
158	64	ALAYNA EWERT	Gleneagle	19:57

159	92	KETTY ALFARO	Killarney	19:58
160	40	VERONICA LEUDKE	Dover Bay	19:58
161	89	SAMANTHA MORGAN	Johnston Heights	19:58
162	202	KATIE WIGSTON	Tamanawis	19:58
163	97	SAMANTHA WHITE	Killarney	19:59
164	4	AMELIA RAJALA	Argyle	19:59
165	185	LAURA NORMAN	Smithers	20:00
166	80	LAILA FOX	Handsworth	20:00
167	95	SHUDAN LIU	Killarney	20:02
168	53	KELLY STEWART	Elgin Park	20:03
169	251	KAITLYN SMITH	York House	20:03
170	6	KAITLYN STEWART	Argyle	20:03
171	158	ANNE-MARI NANO	Oak Bay	20:04
172	76	NATASHA WILLIAMS	Guildford Park	20:04
173	186	JANE HOLLENBERG	Smithers	20:05
174	161	JULIE DOELE	Penticton	20:09
175	218	LEANNE CAINE	Walnut Grove	20:11
176	137	NANCY ZENGER	Moscrop	20:12
177	20	KATHERINE BABEUCK	Burnaby South	20:12
178	254	KAJSA HEYES	Lord Byng	20:14
179	114	ALISA KITS	Langley Christian High School	20:14
180	151	TERRALYN GRAY	North Surrey	20:16
181	41	KARA SHIRLEY	Dover Bay	20:16
182	270	LAURA PIERIK	LV Rogers	20:17
183	47	MEGHAN MCKINNON	DW Poppy	20:18
184	63	SAMANTHA WARD	Gleneagle	20:19
185	78	LAUREN SLATTERY	Handsworth	20:19
186	122	KELSEY LAND	Magee	20:20
187	231	ASHLEY HEARN	White Rock Christian	20:21
188	226	KATHERINE SHOULTS	West Vancouver	20:22
189	201	KATE HANNA	Tamanawis	20:23
190	101	CLAIRE EDGCUMBE	Kitsilano	20:23
191	75	BRIE CAWSTON-GRANT	GP Vanier	20:24
192	102	ERIN HOGG	Kitsilano	20:24
193	282	ALYSSA BLAIR	Shushwap	20:28
194	188	EMILY NICHOLSON	South Delta	20:30
195	147	MEGAN LAMONT	New Westminster Sec	20:30
196	54	CHRISSY CAVIGLIA	Elgin Park	20:32
197	144	BRITTANIE KODILA	Nechako Valley	20:32
198	271	KAITLYN SMITH	LV rogers	20:32
199	104	LARISSA BARTELL	Lakewood Junior	20:33
200	165	ANGIE SMYTHE	Penticton	20:33

201	288	KATIE BENNETT	South Kamloops	20:33
202	230	CHANTELLE MARTIN	White Rock Christian	20:33
203	117	STAPHANIE SHEA	Little Flower Academy	20:37
204	14	LAUREN COLLIS	Brookwood	20:41
205	33	KARI HAWN	Correlieu	20:42
206	13	MELISSA ADRIAN	Brookwood	20:42
207	81	KELLY WASYLYSHYN	Handsworth	20:45
208	131	ELISA CHANG	McRoberts	20:45
209	141	KENDRA MOULAND	Mt. Elizabeth	20:47
210	220	NICOLE HARSTONE	West Point Grey Academy	20:48
211	83	MEGAN TRUSSLER	Handsworth	20:49
212	94	KRISTYN WEBSTER	Killarney	20:52
213	68	NEGAR RAJAEI	Gleneagle	20:53
214	162	NAEME FIECHTER	Penticton	20:58
215	49	DEANNA BLYTH	DW Poppy	20:58
216	192	SERREANA SLUGGETT	South Peace	21:03
217	57	ALEX DE BROER	Elgin Park	21:05
218	58	CHELAN WALLACE	Elgin Park	21:10
219	19	LAURA GILBERT	Burnaby South	21:12
220	287	ADRIENNE UNDERHILL	Shushwap	21:13
221	12	ALYSHA GOEHRINGER	Brookwood	21:16
222	240	SHAYNE LAVER	WJ Mouat	21:16
223	266	ADA WORTLEY	Fernie	21:16
224	125	DANIELLE PACHEKO	McMath	21:22
225	42	LAURA NOTLEY	Dover Bay	21:24
226	272	MICHELLE BEAUDRY	LV Rogers	21:26
227	67	SUSAN ANDERSON	Gleneagle	21:28
228	7	MADELAYNE WALTER	Argyle	21:30
229	48	GURBIR GILL	DW Poppy	21:32
230	228	ALYSSA SHURY	White Rock Christian	21:35
231	139	EMILY ROSS	Mt. Elizabeth	21:36
232	119	NATALIA ALVAREZ	Little Flower Academy	21:37
233	229	MONICA DUTOIT	White Rock Christian	21:38
234	118	ANNA IACCHIN	Little Flower Academy	21:39
235	262	KAYLI WIDMER	DTSS	21:41
236	241	ERIN JENSTAD	WJ Mouat	21:42
237	150	LIZ VRANKOVIC	New Westminster Sec	21:43
238	149	LAURA MATHESON	New Westminster Sec	21:43
239	138	LEANNE FUKUHARA	Moscrop	21:50
240	66	SHIREEN SOOFI	Gleneagle	21:56
241	252	KRISTEN YOON	Lord Byng	22:04
242	205	ALEX BRIGNALL	Tamanawis	22:06

243	142	ALLYSA BIKOWSKI	Mt. Elizabeth	22:07
244	120	KELLY ANN WITTIG	Little Flower Academy	22:08
245	50	MARIKA HETHERINGTON	DW Poppy	22:46
246	65	KATIE TONGUE	Gleneagle	22:58
247	194	TIFFANY HETENYI	South Peace	23:18
248	193	PAMELA MILLA	South Peace	23:23
249	121	ALLY STEWARD	Little Flower Academy	24:10
250	232	KALIE MARTIN	White Rock Christian	24:29
251	255	KAELA WALTON	Lord Byng	24:43
252	234	JUSTINE DRUMMOND	White Rock Christian	25:47
253	257	MEG STRAIGHT	Lord Byng	28:49

BC HIGH SCHOOL CROSS COUNTRY PROVINCIAL CHAMPIONSHIPS
5 NOVEMBER 2005
ABBOTSFORD, BC
RESULTS BY: WINNING TIME CANADA

TEAM RESULTS - FEMALE

1.	55	Oak Bay	(17:06 1:25:29)		
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1	1	JUSTINE JOHNSON	16:00	5	18 ALIX THOMSON 17:33
2	10	LAUREL DRAPER	17:12	6	(29) EMILY WILSON 17:56
3	11	SARAH PROCTOR	17:15	7	(111) ANNE-MARI NANO 20:04
4	15	BRITTANY COOPER	17:29		
2.	155	GP Vanier	(18:02 1:30:09)		
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1	17	ANDREA LEE	17:31	5	49 KRYSTAL GIBBONS 18:41
2	21	SAHARA NADEAU	17:40	6	(97) HEATHER THOMSON 19:46
3	30	AMANDA KEHLER-STEVENS	18:00	7	(126) BRIE CAWSTON-GRANT 20:24
4	38	GEORGIA RUSSELL	18:17		
3.	188	York House	(17:59 1:29:55)		
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1	2	RACHEL CLIFF	16:08	5	82 AMANDA DEFAYE 19:17
2	19	ANDREA CHENG	17:36	6	(83) GRACE LING 19:19
3	31	ELENJ BALOMENOS	18:04	7	(88) MEREDITH BRIGGS 19:27
4	54	JULIA BAHEN	18:50		
4.	202	Walnut Grove	(18:07 1:30:31)		

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1	5	ANGELA SHAW	16:28	5	73	DANIELA GERIG	19:09
2	16	ALEXI FASTER	17:30	6	(95)	TAYLOR KAVOLINAS	19:40
3	39	ALANA PATTISON	18:19	7	(114)	LEANNE CAINE	20:11
4	69	SARAH BURGOYNE	19:05				
5.	256	Moscrop	(18:33	1:32:43)			
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1	13	LAURA MCIVOR	17:19	4	63	ALEXANDRA CUKOR	19:01
2	28	HAYLEY MCIVOR	17:55	5	115	NANCY ZENGER	20:12
3	37	LUBA KARAMYCHEVA	18:16	6	(160)	LEANNE FUKUHARA	21:50
6.	257	WJ Mouat	(18:40	1:33:17)			
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1	24	ALEAH TEER	17:50	5	92	GABRIELLE DEGAGNE	19:33
2	43	KAYLA PUGHE	18:33	6	(149)	SHAYNE LAVER	21:16
3	45	JESSICA SUDDABY	18:36	7	(159)	ERIN JENSTAD	21:42
4	53	ERIN MEEHAN	18:45				
7.	261	West Vancouver	(18:25	1:32:02)			
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1	6	HELEN CROFTS	16:37	5	84	JILL WILSON	19:22
2	20	EMILY FARNAN	17:38	6	(93)	CLAIRE DENLEY	19:34
3	72	KATHERINE MCNEILL	19:09	7	(123)	KATHERINE SHOULTS	20:22
4	79	SYDNEY ROTHDRAM	19:16				
8.	263	Dover Bay	(18:36	1:32:57)			
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1	12	CODIE WARD	17:18	5	102	VERONICA LEUDKE	19:58
2	27	KATELYN CURRIE	17:51	6	(118)	KARA SHIRLEY	20:16
3	47	KAYLEE BEALES	18:36	7	(151)	LAURA NOTLEY	21:24
4	75	MARINA BOE	19:14				
9.	265	Brookwood	(18:34	1:32:50)			
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1	9	SAMANTHA LOTNICK	17:03	5	133	LAUREN COLLIS	20:41
2	26	JENNIFER WESLOWSKI	17:50	6	(135)	MELISSA ADRIAN	20:42
3	41	KELSEY HORSTING	18:25	7	(148)	ALYSHA GOEHRINGER	21:16
4	56	CORRINE DOORNBERG	18:51				
10.	302	Smithers	(18:55	1:34:32)			
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1	42	CARA ROULSTON	18:27	5	89	MORGAN PELLOW	19:30
2	51	KARA SCHAEFFER	18:43	6	(106)	LAURA NORMAN	20:00
3	55	CARA MCCULLOCH	18:50	7	(112)	JANE HOLLENBERG	20:05
4	65	CAITLIN MACDONNELL	19:02				
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11.	341	Correlieu	(19:06	1:35:30)			
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1	50	CHELSEA KNUTSON	18:42	5	96	CHELSEA WHITTEN	19:44
2	61	SAMANTHA WECHWORTH	18:58	6	(99)	JESSICA GAGNE	19:56
3	66	TISHA REDDEN	19:02	7	(134)	KARI HAWN	20:42
4	68	STAPHANIE VON HAHN	19:04				
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12.	372	Shushwap	(19:11	1:35:52)			
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1	25	JILL FLOCKHART	17:50	4	91	CARMYN FERGUSON	19:32
2	58	MONTANA BAHEN	18:56	5	128	ALYSSA BLAIR	20:28
3	70	ERICA LIPSETT	19:06	6	(147)	ADRIENNE UNDERHILL	21:13
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13.	383	Argyle	(19:00	1:34:57)			
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1	3	JESSICA SMITH	16:17	4	105	AMELIA RAJALA	19:59
2	80	MICHELLE JUNG	19:16	5	110	KAITLYN STEWART	20:03
3	85	JEN MARSH	19:22	6	(153)	MADELAYNE WALTER	21:30
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13.	383	Burnaby South	(19:15	1:36:12)			
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1	14	ABBY VOGT	17:26	4	116	KATHERINE BABEUCK	20:12
2	40	EMMA VOGT	18:20	5	146	LAURA GILBERT	21:12
3	67	MARLEY GRAMER	19:02				
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15.	408	Kitsilano	(19:07	1:35:35)			
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1	4	KATHERINE DIGBY	16:18	4	125	CLAIRE EDGCUMBE	20:23
2	62	SOPHIE MARTIN	18:59	5	127	ERIN HOGG	20:24
3	90	ZELLY OLYNYK	19:31				
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16.	417	Handsworth	(19:19	1:36:34)			
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1	7	CHANTELLE GROENEWOUD	16:54	4	121	LAUREN SLATTERY	20:19
2	46	HEATHER HAUGHN	18:36	5	136	KELLY WASYLYSHYN	20:45
3	107	LAILA FOX	20:00	6	(138)	MEGAN TRUSSLER	20:49

17.	424	Penticton	(19:28	1:37:17)		
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1	36	LUCY ZAMECNIK	18:14	4	113	JULIE DOELE 20:09
2	71	MADIE GREIG	19:08	5	130	ANGIE SMYTHE 20:33
3	74	ERINN RAISON	19:13	6	(141)	NAEME FIECHTER 20:58
18.	463	Killarney	(19:43	1:38:33)		
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1	52	MEAGHAN GRANT	18:43	4	104	SAMANTHA WHITE 19:59
2	98	RACHEL HARWICK	19:51	5	108	SHUDAN LIU 20:02
3	101	KETTY ALFARO	19:58	6	(139)	KRISTYN WEBSTER 20:52
19.	515	Lord Byng	(20:39	1:43:14)		
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1	32	JESSICA MARK	18:04	4	162	KRISTEN YOON 22:04
2	33	LINDSEY MOORE	18:09	5	171	KAELA WALTON 24:43
3	117	KAJSA HEYES	20:14	6	(173)	MEG STRAIGHT 28:49
20.	524	Elgin Park	(20:00	1:40:00)		
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1	48	ALEX HEIMBURGER	18:41	4	129	CHRISSY CAVIGLIA 20:32
2	94	SASHA RINK	19:39	5	144	ALEX DE BROER 21:05
3	109	KELLY STEWART	20:03	6	(145)	CHELAN WALLACE 21:10
21.	526	Tamanawis	(20:08	1:40:38)		
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1	59	BEV LARSSSEN	18:56	4	124	KATE HANNA 20:23
2	77	JENNA BISSOONDAT	19:15	5	163	ALEX BRIGNALL 22:06
3	103	KATIE WIGSTON	19:58			
22.	540	Little Flower Academy	(20:04	1:40:18)		
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1	8	BRITTANY IMLOCH	16:59	5	158	ANNA IACCHIN 21:39
2	86	NICKI GRAHAM	19:26	6	(164)	KELLY ANN WITTIG 22:08
3	132	STAPHANIE SHEA	20:37	7	(169)	ALLY STEWARD 24:10
4	156	NATALIA ALVAREZ	21:37			
23.	578	Burnaby South				
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1	21	ABBY VOGT	17:26	5	219	LAURA GILBERT 21:12
2	59	EMMA VOGT	18:20			
3	102	MARLEY GRAMER	19:02			

4	177	KATHERINE BABEUCK	20:12			
24.	590	Gleneagle	(20:23	1:41:52)		
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1	78	LIZ UHL	19:15	5	152	SUSAN ANDERSON 21:28
2	100	ALAYNA EWERT	19:57	6	(161)	SHIREEN SOOFI 21:56
3	120	SAMANTHA WARD	20:19	7	(166)	KATIE TONGUE 22:58
4	140	NEGAR RAJAEI	20:53			
25.	595	South Peace	(21:07	1:45:33)		
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1	57	SARA IRVINE	18:52	4	167	TIFFANY HETENYI 23:18
2	60	LARISSA LUDAC	18:57	5	168	PAMELA MILLA 23:23
3	143	SERREANA SLUGGETT	21:03			
26.	624	DW Poppy	(20:50	1:44:10)		
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1	44	KATIE MCKINNON	18:36	4	154	GURBIR GILL 21:32
2	119	MEGHAN MCKINNON	20:18	5	165	MARIKA HETHERINGTON 22:46
3	142	DEANNA BLYTH	20:58			
27.	735	White Rock Christian	(21:44	1:48:36)		
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1	122	ASHLEY HEARN	20:21	4	157	MONICA DUTOIT 21:38
2	131	CHANTELLE MARTIN	20:33	5	170	KALIE MARTIN 24:29
3	155	ALYSSA SHURY	21:35	6	(172)	JUSTINE DRUMMOND 25:47